

# CVI Cardiovascular Educational Dinner Series

## Electrophysiology/Arrhythmia Management

Please Join **CVI** for a **FREE** Educational Program  
"The Psychology of Cardiology: Unplugged"

Samuel F. Sears, Jr. PhD



Professor, East Carolina University  
Departments of Psychology & Cardiovascular Sciences  
Director of Health Psychology

**Monday, April 6, 2020**

**1701 Locust Steakhouse**

**Formerly: The Prime Rib Restaurant**

**1701 Locust Street**

**The Warwick Hotel Rittenhouse Square**

**6:00pm Reception**

**6:45 Program and Dinner**

The psychology of cardiology has gained in its value and importance in clinical practice. Cardiac patients survive a host of adversities in today's practice. As patients live longer, they also have to cope with the stress and psychological effects of disease management longer. For example, implantable cardioverter defibrillators (ICDs), are lifesaving devices for patients with ventricular arrhythmia who are at risk for sudden cardiac arrest. ICDs are programmed to recognize a life-threatening arrhythmia and deliver a shock that corrects the arrhythmia before it can stop the heart.

Studies have shown that patients live with fear and anxiety that either the device may not work when needed, or resulting from the realization that by the very nature of the device, they have survived a life-threatening event. This educational program highlights state-of-the-art of research on psychological and emotional well-being in cardiac patients. In addition to Dr. Sears presentation, a local patient will present his/her experience in managing cardiac disease in a brief format. Emphasis will be cardiac electrophysiology but other areas of cardiac care will be covered as well.

Following this presentation, attendees will be able to:

- 1) Identify most common psychological concerns for cardiac patients
- 2) Recognize both affective and behavioral impacts of distress in the recovery process
- 3) Distinguish cardiac anxiety vs. general anxiety and differential management strategies

**You MUST Register Online to attend.**

Limited Seating is Available

To Register Visit: [www.cviphiladelphia.org](http://www.cviphiladelphia.org)

Questions? EMail Mark Hartnett

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