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# CVI's Philadelphia Heart Failure Symposium

Sunday, October 20, 2024

Marriott Philadelphia West  
West Conshohocken, PA

## Keynote Presentations:

**The Fab 4 and More: Updates to  
the Heart Failure Guidelines**



**Mark Drazner, MD, MSc**

Clinical Chief of Cardiology  
James M. Wooten Chair in Cardiology  
University of Texas Southwestern  
Medical Center

**Lucky Stiff:  
New Therapies for HFpEF**



**Kavita Sharma, MD**

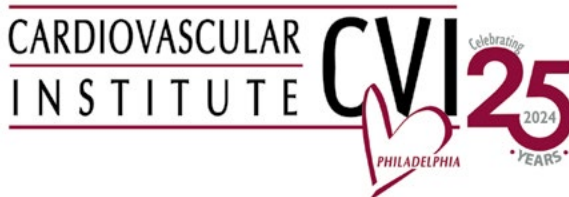
Director, Heart Failure & Cardiac  
Transplantation  
Director, Heart Failure with Preserved  
Ejection Fraction Program  
Associate Professor of Medicine  
Johns Hopkins University

Attendees can  
earn up to:

6.25 CME/CEU

6.25

ABIM MOC Points for physicians  
seeking Board Certification



# Program Overview

## Intended Audience

This program is designed to provide comprehensive education and training for a diverse array of healthcare professionals involved in the care of patients with heart failure. Our target audience includes cardiologists, endocrinologists, heart failure specialists, primary care physicians, family practice physicians, internal medicine physicians, and palliative care physicians. Additionally, nurse practitioners, physician assistants, nurses, and trainees such as fellows and residents will greatly benefit from this program. By participating, you'll gain an unparalleled opportunity to enhance your knowledge and skills in heart failure care. Benefit from the latest insights, evidence-based practices, and expertise shared by leading figures in the field. This program aims to equip you with the tools and knowledge needed to improve patient outcomes and advance your professional development in the ever-evolving landscape of heart failure treatment and management.

## Overall Learning Objectives

By the end of this conference, participants will be able to integrate advanced knowledge and innovative strategies into clinical practice for the management of complex cardiovascular conditions. Specifically, attendees will:

- Review the latest evidence-based guidelines for heart failure management, incorporating new pharmacological and non-pharmacological recommendations.
- Analyze hemodynamic profiles in heart failure patients to improve diagnostic accuracy and refine treatment strategies based on individualized patient needs.
- Describe the indications, benefits, and risks of emerging device technologies in heart failure management.
- Assess different electrophysiological approaches to managing heart failure, including shock therapy, pacing techniques, and ablation strategies, to optimize patient outcomes.
- Discuss the role of intravenous iron therapy in heart failure management, understanding its mechanisms, indications, and impact on patient prognosis.
- Develop strategies for optimizing diuretic therapy in patients with cardiorenal syndrome, balancing effective fluid management with renal function preservation.
- Review novel therapeutic options for heart failure with preserved ejection fraction (HFpEF), evaluating their efficacy, safety profiles, and potential impact on patient outcomes.
- Examine the unique challenges and management strategies for peripartum cardiomyopathy, focusing on early recognition, diagnostic criteria, and appropriate treatment modalities.
- Differentiate between various types of cardiac amyloidosis, applying current diagnostic techniques and treatment options to improve patient care and outcomes.
- Develop integrated management plans for heart failure patients with common comorbidities, optimizing treatment strategies to improve overall patient health.
- Evaluate the latest advancements in structural interventions for valvular disease and heart failure, including transcatheter therapies and surgical options, to enhance patient outcomes.
- Recognize and manage cardiotoxicity associated with chemotherapeutics and other medications, applying strategies to mitigate risks and optimize cardiac health in oncology patients.

## Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by CME Outfitters, LLC, and the Cardiovascular Institute of Philadelphia. CME Outfitters, LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians (ACCME): CME Outfitters, LLC, designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC): This activity is designated for 6.25 contact hours.

Note to Nurse Practitioners: the content of this CNE activity pertains to Pharmacology.



Physician Assistants (AAPA): CME Outfitters, LLC, has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

## ABIM MOC Credit



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# Faculty

## Course Directors

### **Rene Alvarez, MD**

Director, Division of Cardiology, Department of Medicine  
Director, Jefferson Heart Institute  
Lubert Family Professor of Medicine in Cardiology  
Executive Physician Lead-Heart and Vascular Service Line  
Sidney Kimmel Medical College at Thomas Jefferson University

### **Christopher Droogan, DO**

Clinical Assistant Professor of Medicine  
Department of Medicine  
Thomas Jefferson Medical College  
Heart Failure/Transplant Cardiologist  
Lankenau Heart Group

### **Lee Goldberg, MD, MPH**

Professor of Medicine  
Hospital of the University of Pennsylvania  
Perelman School of Medicine  
University of Pennsylvania

### **Justin Pelberg, DO**

Medical Director of VAD Program  
Lankenau Medical Center  
Assistant Professor of Medicine  
Thomas Jefferson University Hospital

### **Lisa Rathman, MSN, CRNP**

Heart Failure Nurse Practitioner  
The Heart Group of Lancaster General Health/Penn Medicine

### **Monique Tanna, MD**

Director, Ambulatory Heart Failure  
Assistant Professor of Clinical Medicine  
Perelman School of Medicine  
University of Pennsylvania

### **William Warnick, MD**

Director, Cardiovascular Program  
Penn Medicine Chester County Hospital  
Heart Failure Cardiologist  
Cardiology Consultants of Philadelphia

### **Eman Hamad, MD, MHA**

Professor of Medicine, Lewis Katz School of Medicine at Temple University  
Medical Director, Advanced Heart Failure, Transplant & MCS Program  
Director Heart Failure Disease Management Program  
Director, Cardio-Oncology Program  
Program Director, Advanced Heart Failure Fellowship  
Temple University Hospital

## Keynote Faculty

### **Mark Drazner, MD, MSc**

Clinical Chief of Cardiology  
James M. Wooten Chair in Cardiology  
University of Texas Southwestern Medical Center

### **Kavita Sharma, MD**

Director, Heart Failure & Cardiac Transplantation  
Director, Heart Failure with Preserved Ejection Fraction Program  
Associate Professor of Medicine  
Johns Hopkins University

## Faculty

### **Carly Fabrizio, DO**

Assistant Professor of Medicine  
Advanced Heart Failure, MCS, and  
Transplant Cardiology  
Temple University Hospital

### **Jennifer Lewey, MD, MPH**

Assistant Professor of Medicine  
Director, Penn Women's Cardiovascular  
Health Program  
Co-Director, Pregnancy and Heart  
Disease Program  
University of Pennsylvania

### **William A. Gray, MD**

System Chief, Division of Cardiovascular Diseases  
Co-Director  
Lankenau Heart Institute  
Professor of Medicine  
Thomas Jefferson University

### **Paul Forfia, MD**

Professor of Medicine  
Co-Director Pulmonary Hypertension,  
Right Heart Failure, and CTEPH Program  
Temple University Hospital

### **Ileana L Piña, MD, MPH**

Professor of Medicine/Cardiology/Heart Failure, Transplant  
Chief Quality Officer for the Cardiovascular line  
Thomas Jefferson University

### **Kiran Sidhu, MD, MPH**

Assistant Professor of Clinical Medicine  
(Cardiovascular Medicine)  
University of Pennsylvania

### **W. H. Wilson Tang, MD**

Professor of Medicine  
Research Director  
Cleveland Clinic

### **Isaac R. Whitman, MD**

Associate Professor of Medicine  
Division of Cardiology, Section of Cardiac  
Electrophysiology  
Temple University Hospital

## Conflict of Interest Disclosure Policy

It is the policy of CME Outfitters, LLC, to ensure independence, balance, objectivity, and scientific rigor and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and mitigated any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process.

## Unlabeled Use Disclosure

Faculty of this CME/CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices. CME Outfitters, LLC, the faculty, and CVI Philadelphia do not endorse the use of any product outside of the FDA labeled indications. Medical professionals should not utilize the procedures, products, or diagnosis techniques discussed during this activity without evaluation of their patient for contraindications or dangers of use.

# Program Agenda

## CVI's Philadelphia Heart Failure Symposium Sunday, October 20, 2024

**Welcome & Introduction\*** ..... 7:55 am – 8:00 am  
Lee Goldberg, MD

**KEYNOTE: The Fab 4 and More:  
Updates to the Heart Failure Guidelines**  
Mark Drazner, MD, MSc ..... 8:00 am – 8:45 am

**Under Pressure: Hemodynamic Profiles  
of Heart Failure** ..... 8:45am – 9:15pm  
Paul Forfia, MD

**Rise of the Machines: New Devices  
in Heart Failure** ..... 9:15am – 9:45pm  
Isaac Whitman, MD

**Shock, Pace, or Ablate: EP Approaches to Improve  
Heart Failure** ..... 9:45am – 10:15pm  
Kiran Sidhu, MD

**BREAK\*** ..... 10:15 am – 10:45 am

**Heavy Metal to Jazz Up Heart Failure:  
IV Iron Therapy for Heart Failure** ..... 10:45 am – 11:15 am  
Iliana Piña, MD

**Baked Beans: Diuretic Management in  
Cardiorenal Syndrome** ..... 11:15 am to 11:45 am  
W. H. Wilson Tang, MD

**KEYNOTE: Lucky Stiff: New Therapies for HFpEF** ..... 11:45 am – 12:15 am  
Kavita Sharma, MD

**LUNCH\*** ..... 12:15 pm – 1:15 pm

**Moms with Big Hearts: Peripartum  
Cardiomyopathy** ..... 1:15 pm – 1:45 pm  
Jennifer Lewey, MD

**Good Proteins Behaving Badly: Diagnosis and  
Treatment of Cardiac Amyloid** ..... 1:45 pm – 2:15 pm  
Carly Fabrizio, DO

**Running Around with a Bad Crowd: Managing  
Co-Morbidities and Heart Failure** ..... 2:15 pm – 2:45 pm  
Lee Goldberg, MD

**Clip Me, Stretch Me, Replace Me:  
Advancements in Structural Interventions for  
Valvular Disease and Heart Failure** ..... 2:45 pm – 3:15 pm  
William Gray, MD

**Collateral Damage: Cardiotoxicity of  
Chemotherapeutics and Other Drugs** ..... 3:15 pm – 3:45 pm  
Eman Hamad, MD, MHA

**Review & Closing\*** ..... 3:45 pm – 4:15 pm  
Monique Tanna, MD



[Click here](#) or scan the code below to register for  
**CVI's Philadelphia Heart Failure Symposium** today!  
 Sunday, October 20, 2024

# Registration Form

| Qty.               | Type  | Fee                                   | Total |
|--------------------|---|---------------------------------------|-------|
|                    | Physicians & Industry                             | <b>\$175</b><br>(\$225 after 9/30/24) |       |
|                    | Physician with MOC Points                         | <b>\$225</b><br>(\$275 after 9/30/24) |       |
|                    | Fellows & Residents                               | <b>\$100</b><br>(\$150 after 9/30/24) |       |
|                    | Advanced Practice Providers, Sonographers, Nurses | <b>\$100</b><br>(\$150 after 9/30/24) |       |
| <b>GRAND TOTAL</b> |   |                                       |       |

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Clinical Position \_\_\_\_\_

Clinical Affiliation Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Is this address work? \_\_\_\_\_ Home? \_\_\_\_\_ Other? \_\_\_\_\_

### Important Notes:

**You MUST register in advance to attend the sessions. Register online at [cvphiladelphia.org](http://cvphiladelphia.org).**

Please make checks payable to:

**Cardiovascular Institute of Philadelphia**  
**825 Mearns Road, Warminster, PA 18974**  
**Phone: 215-389-2300**

### Course Registration Cancellation Policy:

Requests in writing for refunds, less \$35 administrative fee, by September 30, 2024 to be processed after the meeting. Registrations are transferable with prior notification to CVI by September 30, 2024.

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